

Great Wood Keeping In Touch Summer Term 1



Hello From Great Wood



We really hope that you have had a great Easter and all our families are doing well and staying safe. Despite the unusual and surreal times that we find ourselves in, we wanted to reach out to our Great Wood families and let you all know that we are here for you all.

This addition of our newsletter is somewhat lengthier than usual, but we hope that there is something for everyone within it and that you find the advice useful. As we stay at home we want to stay in touch. Send us photos of your children's creations, achievements and inventive lockdown ideas. Let us know what you have been up to and how you are all getting on. Most importantly, if you need our help please just ask us, we are here to help in any way that we can.

Captain Tom Moore's 100th Birthday



Share your thanks and good wishes ahead of Captain Tom Moore's 100th birthday. Captain Tom Moore, the Second World War veteran, who has raised more than £28 million for the NHS, with an additional £3.7million in Gift Aid, by walking 100 laps of his garden, will celebrate his 100th birthday on April 30th.

A Spitfire flypast is being planned to celebrate the big day, while children across the UK are making virtual birthday cards by way of thanks using the hashtag #makeacardfortom.

The former tank commander aimed to complete his challenge at his home in Bedfordshire, before his birthday, to support medics on the frontline of the coronavirus. Mr Moore's initial fundraising target of £1,000 was met within 24 hours and he went on to raise this incredible amount for the NHS Charities Together organisation. Tom has just been awarded a Pride Of Britain Award for his fantastic achievement.

Please show your support for Tom, send us your pictures/cards/posters and we will display as many as we can on the website.



I'M JOINING THE NATION IN SAYING
THANKS TO OUR KEY WORKERS
THIS THURSDAY AT 8 PM

Dear NHS Staff and Key Workers

In these extraordinary times,
for the amazing and difficult work you do,
from the bottom of our hearts,
we wanted to say:

THANK YOU!

CATCH IT

Germs spread easily. Always carry tissues and use them to catch your cough or sneeze.



BIN IT

Germs can live for several hours on tissues. Dispose of your tissue as soon as possible.



KILL IT

Hands can transfer germs to every surface you touch. Clean your hands as soon as you can.



Staying Safe

Every advertisement, every news report, every celebrity is shouting at us to stay at home. The message may now seem repetitive, but it is no less important, than it was on day one of lockdown. We all need to do our part to save lives and to protect the NHS. It is a simple enough request, to stay at home on our sofas and although tedious, it is easy to do. We urge our Great Wood family to stay home, protect the NHS and save lives. Thank you.



Home Learning Packs



Our home learning packs are ready and waiting for all our children on the school website this week. Thank you to everyone who has been sending photos. We love to see what you are getting up to at home and at school. Keep up the hard work and please remember that if you have any concerns or queries, you can contact us through the class group email address on the website, by text, or the school office email address.

Free School Meals

If your circumstances have changed during these difficult times - FREE school meals are available for some families, which meet specific criteria. The online checking service is a faster way of applying for free school meals, which gives you an instant yes, or no answer as to your entitlement. The link can be found on the website at www.staffordshire.gov.uk/freeschoolmeals.

Please contact us at office@greatwood.staffs.sc.uk if you qualify and we will be able to help with food equivalent to a packed lunch at school.



Birthdays!

We'd still love to celebrate each and every one of our Great Wood children's Birthdays.

Please send us your child's birthday pictures to office@greatwood.staffs.sch.uk so we can wish them a very Happy Lockdown Birthday!



Boredom Busters



Photography challenge

Keep a scrap book and document your time in self isolation in photographs (what you did, how you felt).

Remember not to post anything online without your parents permission!



Learn a skill from the internet

- Learn to juggle
- Learn to dance
- Learn a new craft
- Create your very own magic trick



Cookery Challenge

Look in the cupboards. What do you have? Can you come up with a meal idea from it? Get an adult to help you. Extra credit for putting together a totally original/mad/unusual recipe OR for inspiration on using up things you have left over!

use <https://www.lovefoodhatewaste.com>

Email your creations to office@greatwood.staffs.sch.uk

SLOW THE SPREAD
STAY AT HOME

Stay healthy. Stay calm.

8 tips for managing your child's anxiety about COVID-19.



Create a routine.



Listen to your child and check in frequently.



Look for signs of anxiety.



Teach coping skills.



Focus on controllable tasks like washing hands.



Encourage positive thinking.



Stay connected.



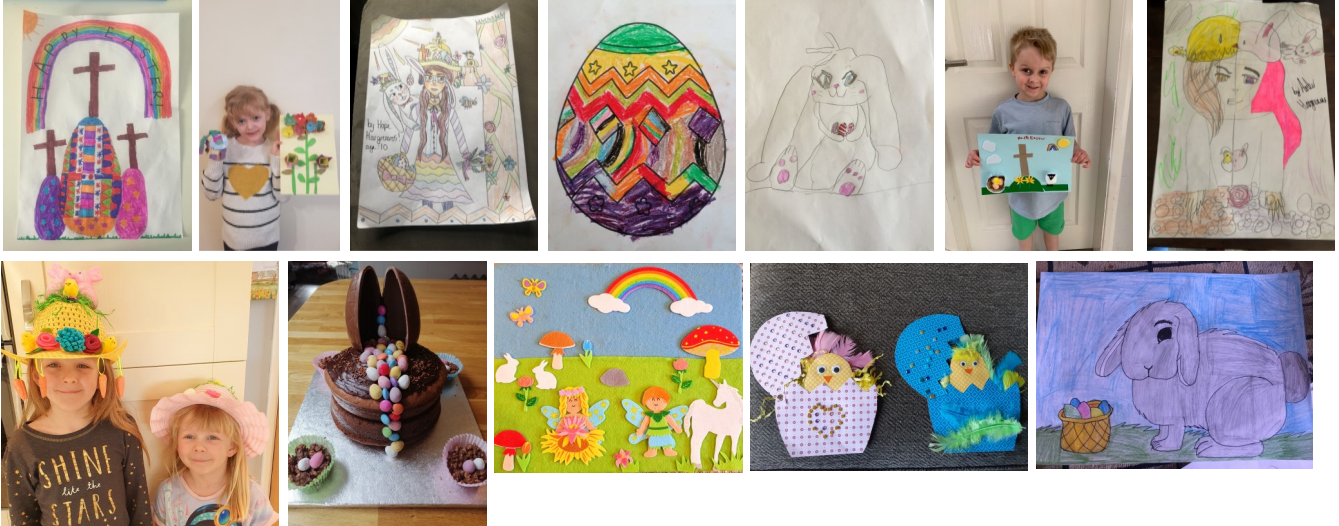
Seek professional help if needed.

Get more tips and resources at childrens.com/covid19



We'd like to know what you've been up to during isolation, don't forget to send us your pictures!

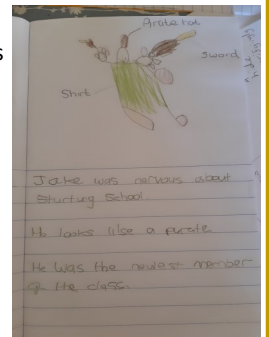
Lots of our Great Wood families were busy making Easter designs, our Great Wood children have been very busy! Here are some of their masterpieces. Haven't they worked hard? Well done all of you!



Max Year 4 & Henry Year 1 - decided to donate their Easter Egg money to the Midlands Air Ambulance. The two kind-hearted boys' story has been reported by the local papers and they are hoping to raise as much money as possible - well done boys!



Noah Year R - Noah has completed his home learning by doing some writing, well done Noah!



Ava, Year 1 - following the pirate theme, Ava has created a boat, made a telescope and a flag! Very creative Ava, well done!



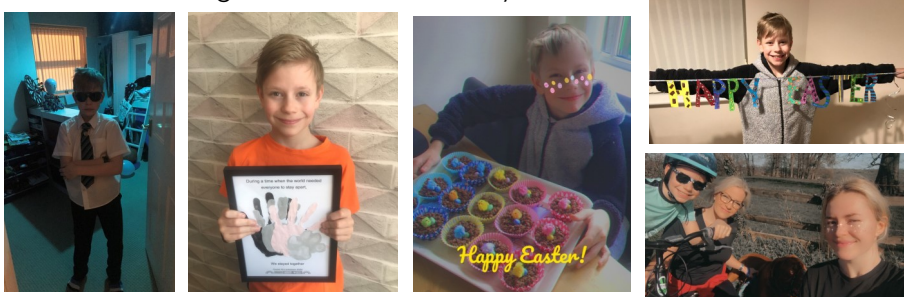
Elsie, Year 3 - Elsie has had a lovely time with her family, enjoying walks and garden games, craft days and board games!



Jacob, Year R - Jacob has used his imagination and done some of his own crafts and has enjoyed his daily exercise - these are brilliant Jacob!



Ernie, Year 5 - Ernie has enjoyed hosting house disco's, doing lots of baking, crafts & he's taking exercise with his family too!



Window Rainbows

After every storm comes the sun and if you're lucky a rainbow will emerge between the clouds. Rainbows are made up of seven different colours, each colour is vibrant and beautiful. Rainbows have been symbols of hope, inclusiveness and cohesion for many years. We are in dark times right now and there are going to be moments when it seems like we may never see the storm pass. While we are socially distancing during the next few weeks, be sure to take time to get outdoors and move our bodies. We are all in this together, even if that means we have to stay apart.

Today we would like to encourage everyone who is at home to make a rainbow to put in their windows or doors. Take a walk with your family and see how many rainbows you find. Use these rainbows as a reminder that this storm will pass and we will all see our rainbow soon.

Be well, be safe and know that we will all be together again soon!



Activity Sheets

Staffordshire Police have a variety of activity sheets to download in their website...

<https://www.staffordshire.police.uk/SysSiteAssets/media/images/staffordshire/news/sp-colouring.pdf>



 HM Government

**AT HOME
SHOULDN'T
MEAN  AT RISK**

#YOUARENOTALONE

FIND SUPPORT AT: gov.uk/domestic-abuse



These tough times will end.

Our lives may change as a result of what's happening, but we are able to adapt.

You have the strength to get through this.

Take care of yourselves.

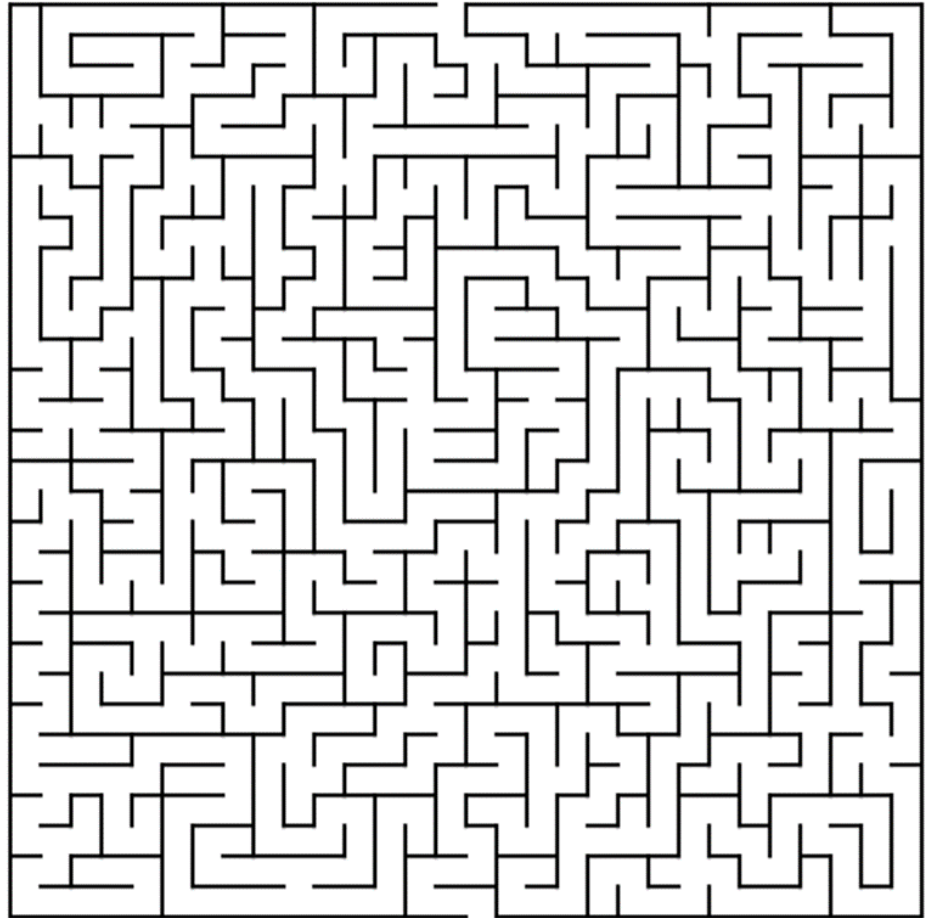
Use the time to enjoy all the things you don't normally have time to do.

You can still laugh and enjoy life even when bad things are happening.

We miss you all 

Great Wood School Maze

Find your way to the rainbow through the maze.



Great Wood - Anagram



- locosh -----
- seslon -----
- chtaere -----
- edlif -----
- sesabmly -----
- nfu -----
- onlypndarg -----
- tlnumecih -----
- smah -----
- mamarg -----
- lalbotof -----
- btnlale -----
- srosamlco -----
- ardengi -----
- infedsr -----

Great Wood - Sudoku

			1	9				
		6	5		3	9	8	4
8	9		7				3	2
5			6			2	7	3
6		2	8	3	5	4		9
1			2			5	6	8
3	5		9				4	7
		7	3		1	6	9	5
			4	5				

Great Wood Word Search – Find the 2D shape

See if you can find all 13 2D shapes in the word search

n	o	o	r	a	d	t	i	u	c	r	e	e	h	t
i	f	i	h	b	o	r	s	t	e	e	e	y	b	w
r	o	l	o	q	d	a	l	b	o	c	r	e	e	n
t	t	r	m	e	e	p	o	e	h	t	c	t	s	i
l	o	h	b	a	c	e	i	a	u	a	s	r	n	e
o	t	e	u	g	a	z	l	t	o	n	q	t	i	r
a	c	p	s	i	h	i	o	e	u	g	u	r	n	n
h	e	t	c	e	e	u	j	v	t	l	a	i	n	t
r	h	a	a	i	d	m	r	i	a	e	r	a	i	l
l	t	g	f	g	r	o	t	n	a	l	e	n	r	a
e	a	o	w	o	o	c	s	l	o	a	n	g	d	n
n	m	n	e	n	n	n	l	o	a	s	t	l	r	b
u	h	e	x	a	g	o	n	e	t	a	t	e	r	o
p	a	r	a	l	l	e	l	o	g	r	a	m	l	l
u	p	e	n	t	a	g	o	n	t	e	t	d	k	o

Word List:

- circle
- dodecahedron
- heptagon
- hexagon
- octagon
- oval
- parallelogram
- pentagon
- rectangle
- rhombus
- square
- trapezium
- triangle



Great Wood – Word Sudoku

It is our Summer "sunbather" Sudoku - Fill in the grid with the letters S, U, N, B, A, T, H, E and R, making sure no letter is repeated in every row, every column and within each mini grid.

		u		n		e		
r			b		t			h
t	s	h		e		b	u	n
n								e
	r	t		s		a	n	
s		e		t		r		b
	a	b		r		h	t	
u	t		s	h	e		b	a
h		s	t	a	b	u		r

Great Wood – Quiz



1. How is vegetation important to the environment?
 - a. It produces oxygen
 - b. It produces carbon dioxide
 - c. It produces hydrogen
2. Which of the following power sources is not renewable?
 - a. Petrol
 - b. Solar power
 - c. Wind turbines
3. Which is the most eco-friendly form of transport?
 - a. Car
 - b. Truck
 - c. Bike
4. Which of these items are not recyclable?
 - a. Glass
 - b. Paper
 - c. Pens
5. A plastic bottle takes approximately how long to break down?
 - a. 50 years
 - b. 230 years
 - c. 450 years
6. Which of the following is not used to generate electricity in the UK?
 - a. Solar power
 - b. Hydropower
 - c. Perfume
7. When recycling glass which of the following colours is not common for sorting?
 - a. Blue
 - b. Clear
 - c. Green
8. Which natural resource is not an ingredient in glass bottles?
 - a. Sand
 - b. Dirt
 - c. Limestone
9. How many years does it take a single aluminium can to decompose?
 - a. 20-40 years
 - b. 80-100 years
 - c. 100-120 years
10. How much of the water on Earth is available for people to use?
 - a. More than 10%
 - b. Less than 7%
 - c. Less than 1%

Please have a go at our Great Wood challenges. Answers will be in next weeks newsletter.

BRINGING PE TO YOUR FRONT DOOR




A bespoke Home Learning programme specific to Physical Education.

If you could make your parents aware of this initiative then that would be fantastic!

Since it became likely that school closures were imminent, we had been preparing a comprehensive archive of videos that will allow your children to still get their daily PE fix.

We have ensured that our syllabus is entirely focused around household resources that can be easily accessible within the home - so there are no excuses not to keep fit & healthy alongside us.

Our videos will be uploaded through our very own YouTube channel and linked to all our other social media platforms.

Be sure to read the information below each video as it provides parents with an insight into how the activities link with our Scheme of Work - ensuring that these physical outcomes also provide plenty of academic benefits:

- Theme
- Objectives
- Equipment
- Outcomes
- Topic
- Differentiation


We will release videos on several occasions weekly and there will also be some fun challenges provided alongside our core content. Spread The Word!

Let's get as many children up and active with our programme as possible!



WATCH US ON YOUTUBE

Video: ASM Sports UK

OAK NATIONAL ACADEMY

For more support while you are teaching your children at home, please take a look at this new exciting resource. [The Oak National Academy](#) is a government-backed online learning platform that launched on Monday 20 April. The new enterprise has been created by 40 teachers from some of the leading schools across England and is funded by the Department of Education.

The Academy provides access to 180 video lessons per week, for every year group from Reception through to Year 10.

The lessons span a broad range of subjects, including maths, art and languages and feature a corresponding quiz and worksheet. Each lesson lasts for one hour and the portal will provide the equivalent of three hours of lessons per day for primary students.

To access the resources on Oak National Academy, simply visit the [official website](#) where online resources are now available to use. From the website, you can access lessons by subject and level, or follow the Academy's planned weekly schedule.


Oak National Academy joins a broad range of resources and support that are available for both schools and parents, which have been outlined on the government website.

Please have a go at the lessons/activities and let your teacher know what you have enjoyed.

It's a strange time to be a school pupil right now, but wherever you're doing your lessons, BBC Bitesize is here for you - more than ever.

From Monday 20 April starting at 9am, you'll be able to access regular daily lessons in English and Maths, as well as other core subjects, in an expanded version of our website and also on special programmes broadcast on BBC iPlayer and BBC Red Button.

We've worked with our colleagues in other parts of the BBC and education experts from around the UK to make sure everyone who needs it, can access learning resources during this uncertain time. You can also expect some of it to be delivered by well-known faces. Head to www.bbc.co.uk/bitesize to access this new, exciting opportunity to enhance the learning alongside your school work set by your teachers.



The Super Yummy Kitchen




Who are Chartwells? We provide healthy meals to over 3,000 schools in the UK, and we are pleased to be able to support our schools during this challenging time.

However, we didn't want to stop there!

With home-schooling now being implemented across the nation, we want to support parents, carers and teachers at home who are looking for new ways to educate and entertain their children and pupils throughout the week.

The Chartwells' team of nutritionists and chefs have just launched **THE SUPERYUMMY KITCHEN**, a brand new fun and foodie platform of creative 'cook-a-long' videos with our fantastic Chef Andrew, and Celebrity guest Chef, Allegra McEvedy! We want to encourage families to grab an apron and join us in the kitchen to make some exciting healthy snacks!

Alongside the videos will feature...

- 'Nutrition Nugget' - offering similar nutrition education we deliver in our schools virtually!
- Fun and educational activity - with lesson plans, to support the curriculum.

SHARE your creations with us and we will choose winner of the week in The Super Yummy Kitchen!

Facebook: [Chartwells UK](#)
Twitter: [@chartwells_uk](#)
Instagram: [@chartwells_uk](#)

SUBSCRIBE HERE for free!
Our videos will feature on our YouTube & social media channels every MONDAY, WEDNESDAY & FRIDAY!

HASHTAG US:
[#SuperYummyKitchen](#)
[#SimplyDelicious](#)
[#SuperYummy](#)
[#HappyCooking](#)
[@Chartwells](#)

The Supper Yummy Kitchen

Take a look at a wonderful opportunity to become a MasterChef! Our catering suppliers, Chartwells have gone live with a new YouTube channel, featuring their chef Andrew Walker and guest chef Allegra McEvedy cooking exciting healthy snacks, in addition to curriculum activities for children. Head over to their YouTube channel to take a look.

Advice for parents during coronavirus

Whilst coronavirus is infectious to children it is rarely serious. If your child is unwell it is likely to be a non-coronavirus illness, rather than coronavirus itself.

Whilst it is extremely important to follow Government advice to stay at home during this period, it can be confusing to know what to do when your child is unwell or injured. Remember that NHS 111, GPs and hospitals are still providing the same safe care that they have always done. Here is some advice to help:



RED

If your child has any of the following:

- Becomes pale, mottled and feels abnormally cold to the touch
- Has pauses in their breathing (apnoeas), has an irregular breathing pattern or starts **grunting**
- Severe difficulty in breathing becoming agitated or unresponsive
- Is going blue round the lips
- Has a fit/seizure
- Becomes extremely distressed (crying inconsolably despite distraction), confused, very lethargic (difficult to wake) or unresponsive
- Develops a rash that does not disappear with pressure (the 'Glass test')
- Has testicular pain, especially in teenage boys

You need urgent help:

Go to the nearest A&E department or phone 999



AMBER

If your child has any of the following:

- Is finding it hard to breathe including drawing in of the muscles below their lower ribs, at their neck or between their ribs (**recession**) or **head bobbing**
- Seems dehydrated (dry mouth, sunken eyes, no tears, drowsy or passing less urine than usual)
- Is becoming drowsy (excessively sleepy) or irritable (unable to settle them with toys, TV, food or picking up) - especially if they remain drowsy or irritable despite their fever coming down
- Has extreme shivering or complains of muscle pain
- Babies under 3 months of age with a temperature above 38°C / 100.4°F
- Infants 3-6 months of age with a temperature above 39°C / 102.2°F
- For all infants and children with a fever above 38°C for more than 5 days.
- Is getting worse or if you are worried
- Has persistent vomiting and/or persistent severe abdominal pain
- Has blood in their poo or wee
- Any limb injury causing reduced movement, persistent pain or head injury causing persistent crying or drowsiness

You need to contact a doctor or nurse today.


Please ring your GP surgery or call NHS 111 - dial 111

The NHS is working for you. However, we recognise during the current coronavirus crisis at peak times, access to a health care professional may be delayed. If symptoms persist for 4 hours or more and you have not been able to speak to either a GP or 111, then take your child to the nearest A&E



GREEN

If none of the above features are present

- You can continue to provide your child care at home. Information is also available on NHS Choices
- Additional **advice** is available to families for coping with crying of well babies 
- Additional **advice** is available for children with complex health needs and disabilities.

Self care

Continue providing your child's care at home. If you are still concerned about your child, call NHS 111 - dial 111