

WEEK ONE

WEEK TWO

WEEK THREE

MONDAY

Mac & Cheese (V) *or*
 Mixed Bean Chilli with Rice (Ve)(Wg)
 Jacket Potato with a Choice of Filling
 Rainbow Veg
 Scoop of Vanilla Ice Cream (V)

TUESDAY

Mild & Sweet Chicken Curry with Rice (Wg)
or Margherita Pizza with Jacket Wedges (V)
 Jacket Potato with a Choice of Filling
 Sweetcorn & Peppers, Cauliflower
 Apple Crumble (Ve)(Wg) with Custard (V)

WEDNESDAY

Roast of the Day with Roasties & Gravy *or*
 Chickpea & Veggie Puff with Roasties (Ve)
 Jacket Potato with a Choice of Filling
 Broccoli, Sliced Carrot
 Strawberry Jelly & Peaches (Ve)

THURSDAY

Tuna & Pea Pesto Pasta (Wg)
or Penne with Tomato Super Sauce (Ve)
 Jacket Potato with a Choice of Filling
 Green Beans, Swede
 Chocolate Mousse with Pears (V)

FRIDAY

Fish Fingers or Salmon Fish Fingers with Chips *or*
 Falafel Wrap with Mint Yoghurt & Chips (V)
 Jacket Potato with a Choice of Filling
 Baked Beans, Garden Peas
 Flapjack (Ve)

4/9/23, 25/9/23, 16/10/23, 6/11/23, 27/11/23, 18/12/23, 8/1/24,
 29/1/24, 19/2/24, 11/3/24

Vegetable Lasagne (V) *or*
 Lentil & Mushroom Keema Curry with Rice (Ve)
 Jacket Potato with a Choice of Filling
 Rainbow Veg
 Scoop of Vanilla Ice Cream (V)

Chicken Paella (Wg)
or Margherita Pizza with Jacket Wedges (V)
 Jacket Potato with a Choice of Filling
 Sweetcorn, Green Beans
 Apple & Pear Crumble (Ve)(Wg) with Custard (V)

Roast of the Day with Roasties & Gravy *or*
 Homemade Veggie & Stuffing Roll with Roasties &
 Gravy (Ve)
 Jacket Potato with a Choice of Filling
 Cauliflower, Carrot Batons
 Orange Jelly & Mandarins (Ve)

Penne with Chicken Meatballs in Classic Tomato
 Sauce (Wg)
or Penne with Classic Tomato Sauce (Ve)(Wg)
 Jacket Potato with a Choice of Filling
 Cabbage, Garden Peas
 Banana Custard (V)

Fish Fingers or Salmon Fish Fingers with Chips *or*
 Vegeball Marinara Sub with Chips (V)
 Jacket Potato with a Choice of Filling
 Baked Beans, Garden Peas
 Chocolate Shortbread (Ve)

11/9/23, 2/10/23, 23/10/23, 13/11/23, 4/12/23, 25/12/23, 15/1/24,
 5/2/24, 26/2/24, 18/3/24

Pizza Mac & Cheese (V) *or*
 Mild Sweet Potato & Chickpea Curry with Rice (Ve)
 Jacket Potato with a Choice of Filling
 Rainbow Veg
 Scoop of Vanilla Ice Cream (V)

Chicken Tandoori with Golden Rice (Wg)
or Margherita Pizza with Jacket Wedges (V)
 Jacket Potato with a Choice of Filling
 Sweetcorn, Green Beans
 Peach & Pineapple Crumble (Ve)(Wg) with
 Custard (V)

Roast of the Day with Roasties & Gravy *or*
 Veggie Sausage Toad in the Hole with Roasties &
 Gravy (V)
 Jacket Potato with a Choice of Filling
 Cabbage, Sliced Carrot
 Strawberry Jelly & Pineapple (Ve)

Chicken, Broccoli & Sweetcorn Pasta Bake (Wg)
or Penne with Beany Bolognese (Ve)(Wg)
 Jacket Potato with a Choice of Filling
 Swede, Shredded Carrots
 Chocolate Mousse with Mandarins (V)

Fish Fingers or Salmon Fish Fingers with Chips *or*
 Garden Vegetable Goujons with Chips (Ve)
 Jacket Potato with a Choice of Filling
 Baked Beans, Garden Peas
 Iced Shortbread (Ve)

18/9/23, 9/10/23, 30/10/23, 20/11/23, 11/12/23, 1/1/24, 22/1/24,
 12/2/24, 4/3/24, 25/3/24

V - Vegetarian Ve - Vegan Wg - Wholegrain

Freshly baked bread, fresh fruit, uoahurts and fresh drinking water available daily.

